



FLORIDA ARTS & DANCE COMPANY

57 SW MONTEREY ROAD

STUART, FLORIDA 34994

(772) 288-4150

WWW.FLADANCE.ORG

2009-2010

**Dance Course Catalog
and
Registration Information**

FLORIDA ARTS & DANCE COMPANY

2009-2010 Schedule

Please note: This schedule is subject to changes and additions

2009

Saturday, August 8	Scholarship Meeting/ Interviews (Parent and Student)
Saturday, August 22	Open House and Costume Sale
Monday, August 31	Classes Begin
Monday, September 7	Closed – Labor Day
Friday, September 11	FADC Special Event
Saturday, September 12	Nutcracker Auditions – Senior Company Auditions
Saturday, September 19	Nutcracker Costume Fittings – No Rehearsal – Rosh Hashanah
Saturday, September 19	Nutcracker Performance Fee Due
Saturday, September 26	Nutcracker Rehearsals Begin
Monday, September 28	Closed - Yom Kippur
Wednesday, November 11	Closed - Veteran's Day
Saturday, November 21	Nutcracker In - House Dress Rehearsal at FADC
Sunday, November 22	Nutcracker Pictures at FADC
Wednesday, November 25 – 28	Closed – Thanksgiving Break
Wednesday, December 9	Nutcracker Dress Rehearsal – Lyric Theatre
Thursday, December 10	Nutcracker Dress Rehearsal – Lyric Theatre
Thursday, December 10	Nutcracker Dress Gala – Lyric Theatre
Friday, December 11	Nutcracker - Discovery Series Performances - Lyric Theatre
Friday, December 11	Nutcracker evening Performance – Lyric Theatre
Saturday, December 12	Nutcracker matinee Performance – Lyric Theatre
Saturday, December 12	Nutcracker evening Performance – Lyric Theatre
Monday, December 21- January 3	Closed – Winter Break

2010

Monday, January 4	Classes Resume
Saturday, January 9	Guest Artist Performances - Costume Deposits Due
Saturday, January 9	Jr. Company Auditions
Monday, January 18	Closed – Martin Luther King Jr. Day
Monday, February 15	Closed – President's Day
Saturday, March 9	Guest Artist Performances - Costume Balances Due
Monday, April 5 – 11	Closed – Spring Break
Thursday, May 13	Guest Artists Upper School Ballet Dress Reh. and Perf. – Lyric Theatre
Monday, May 17 – 22	Class Pictures at FADC
Thursday, May 27	Guest Artists Upper School Jazz/Hip-Hop Dress Reh. & Perf. – Lyric
Saturday, May 29	Last Day of Classes
Monday, May 31	Closed – Memorial Day
Tuesday, June 1 - Friday, June 4	Guest Artist Lower School Classes In-House Dress Rehearsals at FADC
Saturday, June 5	Guest Artist Lower School Classes Dress Reh. and Perf. – *MCHS*

Martin County High School

Please note: The date and time for the Guest Artist Lower School Classes Performance has not been confirmed with Martin County High School and could be subject to change.

TUITION & FEES

2009 – 2010

FALL CLASSES WILL START ON MONDAY, AUGUST 31, 2009.

(Please note: Yearly tuition is determined considering all dance classes from September to June and divided into 9 monthly payments)

REGISTRATION FEE: SEPT thru MAY - \$45.00

JAN thru MAY - \$30.00

10% Sibling discounts on Registration and Tuition

10% discount if tuition is paid in full for the year!

<u>Hours Per Week</u>	<u>Fee Per Month</u>
30 Minutes.....	\$45.00
45 Minutes.....	50.00
1 hour.....	55.00
1 ½ hours.....	80.00
2 hours.....	95.00
2 ½ hours.....	105.00
3 hours.....	115.00
3 ½ hours.....	125.00
4 hours.....	135.00
4 ½ hours.....	145.00
5 hours.....	155.00
5 ½ hours.....	165.00
6 hours.....	175.00
6 ½ hours.....	185.00
7 hours.....	195.00
More than 7 hours.....	\$205.00

ALL FEES AND TUITION ARE NON-REFUNDABLE.

*****SCHOLARSHIP APPLICATIONS WILL BE AVAILABLE AT THE
MANDATORY SCHOLASHIP MEETING ON
AUGUST 8TH AT THE FADC STUDIO AT 10AM**

Florida Arts & Dance Company

Class Descriptions

Pre-Ballet – This series of classes is designed for the young child as an introduction to the exciting elements of ballet. Time will be spent exploring the fundamentals of dance technique, including locomotor skills, flexibility, balance and use of simple ballet movements. As the dancers progress through the series, use of partners, more complex movement patterns and simple ballet barre work are included. These classes are designed to be a preparation for our classical ballet program.

Classical Ballet Program

Students are placed in class levels by FADC instructors based on age, number of years of past dance training, ability, and mental and physical readiness.

Introductory Levels

Beginning Ballet – This class is designed for young dancers coming out of the Pre-Ballet classes or who have an interest in ballet but have had little or no experience. This class focuses on the fundamentals of classical ballet in a careful and slow progression. Time is spent developing general body awareness, flexibility, dancer alignment and basic ballet terminology. Use of the ballet barre, center work and floor progressions are included.

Teen Ballet – This class is designed for teen dancers interested in pursuing ballet training but who have had little or no experience in classical dance. The class content moves through a structured ballet syllabus with a focus on developing general body awareness, flexibility, dancer alignment and ballet terminology. Use of the ballet barre, center work and floor progressions are included.

Elementary Levels

Ballet I and Ballet II – The elementary levels of the classical ballet program meet twice a week and have a strong focus on proper ballet technique. Physical discipline, body awareness, flexibility, dancer alignment and expanded ballet terminology will be addressed. Along with use of the ballet barre, center work and floor progressions, a focus will be placed on the use of arms, foot positions, use of turnout and the performative aspects of classical ballet. Understanding the relationship between music, rhythm and controlled movement will be introduced.

Middle Levels

Ballet III, Ballet IV and Ballet V – The middle levels of the classical ballet program are designed for the serious dance student and meet varied times per week based on level. More complex elements of proper ballet technique are explored and refined. Longer movement sequences of more complex ballet vocabulary are added at each level. Movement sequences may include the use of traveling, jumps and turns. A focus on proper classroom etiquette and self-discipline is stressed in these classes. Ballet III dancers have Character Dance and elements of pre-pointe added to their classes. Ballet IV and V dancers have Character Dance and pointe added to their classes.

Character – The Character classes are offered to augment the dancer's ballet training and expand on their classical movement vocabulary. These classes introduce movement that is rooted in the folk-inspired dances from many nations. These movements are often incorporated into classical repertoire. Dancers may study polonaise, mazurka, tarantella, and other historical and ethnic dances. Time will be spent focusing on the use of arms and placement of the head and upper body.

Advanced Levels

Ballet VI - The advanced levels of the classical ballet program are the highest levels of ballet offered at FADC. There is a focus on the refinement and clarity of the dancer's proper ballet technique, as well as the development of the dancers as artists. Time will be spent on barre, center, and traveling sequences, as well as pointe work. Variations from classical and contemporary repertoire will be included in the dancer's weekly schedule.

Pas de Deux - The pas de deux class will be offered to the levels of Ballet V and higher. Female dancers must have pointe experience. Time will be spent on simple elements of classical ballet partnering, as well as an exploration into partnered classical pose, turns, and jumps.

2009 –2010 SEASON
DANCE CLASS SCHEDULE

PRE-BALLET

<u>CLASS</u>	<u>STUDIO</u>	<u>DAY</u>	<u>TIME</u>	<u>HOURS</u>	<u>Instructor:</u>
PB I	(2)	Tuesday	3:00-3:45 pm	45 min	Mina Hamilton
PB II	(2)	Wednesday	3:30-4:15 am	45 min	Mina Hamilton
PB II	(2)	Saturday	9:00-9:45 am	45 min	Mina Hamilton
PB III	(2)	Tuesday	3:45-4:45 pm	1 hour	Mina Hamilton

Classical BALLET Program

INTRODUCTORY LEVELS: One class per week

<u>CLASS</u>	<u>STUDIO</u>	<u>DAY</u>	<u>TIME</u>	<u>HOURS</u>	<u>Instructor:</u>
BALLET "A"	(2)	Monday	4:30-5:30 pm	1 hour	Peggy Mead-Finizio
BALLET "B"	(3)	Friday	4:30-5:30 pm	1 hour	Peggy Mead-Finizio
TEEN BALLET	(3)	Tuesday	5:30-7:00 pm	1½ hours	Berthe McKenzie-Shestak

ELEMENTARY LEVEL: Two classes per week

<u>CLASS</u>	<u>STUDIO</u>	<u>DAY</u>	<u>TIME</u>	<u>HOURS</u>	<u>Instructor:</u>
BALLET I	(1)	Monday	4:30-5:30 pm	1 hour	Mina Hamilton
	(3)	Wednesday	4:30-5:30 pm	1 hour	Mina Hamilton
BALLET II	(3)	Tuesday	3:30-4:30 pm	1 hour	Berthe McKenzie-Shestak
	(3)	Thursday	3:30-4:30 pm	1 hour	Peggy Mead-Finizio

MIDDLE LEVEL: Two classes per week with option of adding a character class

<u>CLASS</u>	<u>STUDIO</u>	<u>DAY</u>	<u>TIME</u>	<u>HOURS</u>	<u>Instructor:</u>
BALLET III	(2)	Monday	5:30-6:45 pm	1¼ hours	Peggy Mead-Finizio
	(2)	Wednesday	4:15-5:15 pm	1 hour	Ella Yakubovich
BALLET IV	(3)	Monday	5:30-7:00 pm	1½ hours	Jennifer LaCome-Thompson
	(2)	Wednesday	6:15-7:00 pm	45 min	Ella Yakubovich
*CHARACTER I	(2)	Wednesday	5:15-6:15 pm	1 hour	Ella Yakubovich
*(Starting in January this class becomes a beginning pointe and Pre-Pointe class)					
BALLET V	(1)	Tuesday	5:00-6:30 pm	1½ hours	Adam Schnell
	(1)	Thursday	5:00-6:30 pm	1½ hours	Loretta Miller
	Pointe Class	(1)	Thursday	6:30-7:00pm	½ hour
CHARACTER II	(2)	Wednesday	7:00-7:45 pm	45 min	Ella Yakubovich

ADVANCED LEVEL: Three classes per week

<u>CLASS</u>	<u>STUDIO</u>	<u>DAY</u>	<u>TIME</u>	<u>HOURS</u>	<u>Instructor:</u>	
BALLET V.v	(1)	Tuesday	5:00-6:30 pm	1½ hours	Adam Schnell	
	(1)	Wednesday	3:30-5:00 or 6:00-7:30	1½ hours	Loretta Miller	
	Pointe/Variations Class	(1)	Wednesday	5:00-6:00 or 7:30-8:30	1 hour	Loretta Miller
	(1)	Thursday	5:00-6:30 pm	1½ hours	Loretta Miller	
	Pointe Class	(1)	Thursday	6:30-7:00pm	½ hour	Loretta Miller
BALLET VI Black	(1)	Tuesday	3:30-5:00 pm	1½ hours	Adam Schnell	
	(1)	Wednesday	3:30-5:00 pm	1½ hours	Loretta Miller	
	Pointe/Variations Class	(1)	Wednesday	5:00-6:00 pm	1 hour	Loretta Miller
	(1)	Thursday	3:30-5:00 pm	1½ hours	Loretta Miller	
BALLET VI Maroon	(1)	Tuesday	6:30-8:00 pm	1½ hours	Adam Schnell	
	(1)	Wednesday	6:00-7:30 pm	1½ hours	Loretta Miller	
	Pointe/Variations Class	(1)	Wednesday	7:30-8:30 pm	1 hour	Loretta Miller
	(1)	Thursday	7:00-8:30 pm	1½ hours	Loretta Miller	

PAS DE DEUX: Starting in January
MUST HAVE POINTE EXPERIENCE (Ballet V and Higher)

PAS DE DEUX	(1)	Saturday	2:00-3:30 pm	1½ hours	Adam Schnell
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Florida Arts & Dance Company

Class Descriptions

Students are placed in class levels by FADC instructors based on age, number of years of past dance training, ability, and mental and physical readiness.

Movement Matters – This series of classes is designed for the young child as an introduction to many of the concepts of dance, as well as multiple dance styles such as tap and jazz. These classes are a wonderful way for the young child to experience many forms of dance and become acquainted with format of a dance class. Class time will be spent to establish body awareness, muscle development, flexibility, coordination and basic locomotor skills. This class focuses on exploration of dance concepts (i.e. use of space, levels, shapes, directional pathways, rhythms, etc) and will help to develop each dancer's creativity and problem solving skills. The atmosphere is warm and friendly, encouraging camaraderie, cooperation and a positive self image.

Lyrical – Lyrical dance classes are designed to be a combination between ballet, jazz and modern. Time will be spent on technique, movement quality, style and emotion. A focus will be placed on musicality, expression of mood and the use of lyrics in the music. For full benefit of our lyrical classes, it is highly recommended taking ballet technique classes as well.

Jazz – The jazz classes are designed in a progression for dancers to explore and develop jazz technique. The lower levels are an introduction to basic jazz technique, focusing on fundamental jazz positions, turns, jumps, and leaps. Time will be spent on center and locomotor progressions as well as proper stretching techniques to enhance strength and flexibility. As dancers progress through the higher levels of our jazz classes more time is spent on conditioning for core strength, elements of balance, proper dancer alignment and use of rhythm and musicality.

Modern – This is a multi-level class designed to explore the elements of modern dance, including a dynamic use of the spine, working into and out of the floor, and multiple ranges of musicality. The class will offer a beginning dancer an introduction to dancer alignment and placement. For the more advanced dancer, the class will offer the opportunity to expand their movement vocabulary with a focus on creativity. Use of shape, pattern, momentum and improvisation will be class components.

Tap – The tap classes are designed to provide the dancers with a strong tap foundation, using timing, rhythm, and percussion footwork. Time will be spent working on motor skills and coordination, developing precise tap sounds, and synchronization. Tap dancing is our American folk dance.

Irish Step – The Irish Step classes are offered in a series to learn the basics of soft-shoe reels and light jigs. Hard shoe is introduced after basic reels and light jigs are mastered. Irish traditional music is used to accompany the classes to enable the use of musicality and intricacies of Irish dance rhythms.

Hip-Hop/Tumbling – This class is a combination class of tumbling and the first level in our Hip-Hop series. Time will be spent exploring the exciting world of tumbling with skills such as cartwheels and handstands, as well as experiencing the rhythms and athleticism of Hip-Hop.

Hip-Hop – The Hip-Hop classes are built around the tradition and history of street dance. Hip-Hop is characterized by its athletic and bouncy style. It is set to a strong, contemporary beat, builds stamina, and emphasizes body isolations, attitude, coordination, free-style movement, and rhythm. Time will be spent on strength building, flexibility and creativity. As dancers reach the higher levels of our Hip-Hop classes more complex combinations and movement sequences will be included.

Dance Crew – This class is a multi-level class and is intended to be the highest level of our Hip-Hop class series and is for the dedicated dancer. Elements of break dancing will be included at this level.

Theatre Dance - The Theatre Dance class is a sampler class including all aspects of musical theatre dance. A focus on dance technique and choreographic elements will be stressed. Music from classic musicals, as well as current Broadway hits will be incorporated and used as inspiration. Theatre and dance history will also be a component in this class.

2009 – 2010 SEASON
DANCE CLASS SCHEDULE

MOVEMENT MATTERS

<u>CLASS</u>	<u>STUDIO</u>	<u>DAY</u>	<u>TIME</u>	<u>HOURS</u>	<u>Instructor:</u>
MM I	(2)	Monday	2:45-3:30 pm	45 min	Peggy Mead-Finizio
MM II	(2)	Tuesday	4:45-5:30 pm	45 min	Peggy Mead-Finizio
MM III	(2)	Monday	3:30-4:30 pm	1 Hour	Peggy Mead-Finizio

LYRICAL

<u>CLASS</u>	<u>STUDIO</u>	<u>DAY</u>	<u>TIME</u>	<u>HOURS</u>	<u>Instructor:</u>
LYRICAL I/II	(3)	Thursday	4:30-5:30 pm	1 Hour	Mina Hamilton
LYRICAL I/II	(2)	Saturday	9:45-10:45am	1 Hour	Mina Hamilton

JAZZ

<u>CLASS</u>	<u>STUDIO</u>	<u>DAY</u>	<u>TIME</u>	<u>HOURS</u>	<u>Instructor:</u>
TEEN JAZZ	(3)	Tuesday	7:00-8:00 pm	1 hour	
JAZZ I	(2)	Thursday	5:00-6:00 pm	1 hour	Lindsay Rybak
JAZZ III	(1)	Monday	3:30-4:30 pm	1 hour	Lindsay Rybak
JAZZ IV	(2)	Friday	4:30-5:30 pm	1 hour	Lindsay Rybak
JAZZ VI	(1)	Monday	6:00-7:00 pm	1 hours	Lindsay Rybak
JAZZ VII	(1)	Monday	7:00-8:30 pm	1½ hours	Lindsay Rybak

MODERN

<u>CLASS</u>	<u>STUDIO</u>	<u>DAY</u>	<u>TIME</u>	<u>HOURS</u>	<u>Instructor:</u>
Modern I/II	(3)	Friday	5:30-6:45 pm	1¼ Hours	Peggy Mead-Finizio

TAP

<u>CLASS</u>	<u>STUDIO</u>	<u>DAY</u>	<u>TIME</u>	<u>HOURS</u>	<u>Instructor:</u>
TAP I	(3)	Wednesday	3:30-4:30 pm	1 hour	Berthe McKenzie-Shestak
TAP II	(3)	Tuesday	4:30-5:30 pm	1 hour	Berthe McKenzie-Shestak
TAP III	(3)	Thursday	7:00-8:00 pm	1 hour	

IRISH STEP

<u>CLASS</u>	<u>STUDIO</u>	<u>DAY</u>	<u>TIME</u>	<u>HOURS</u>	<u>Instructor:</u>
BEGINNER	(2)	Tuesday	5:30-6:15 pm	45 min	Maureen Armstrong
INTERMEDIATE	(2)	Tuesday	6:15-7:15 pm	1 hour	Maureen Armstrong
ADVANCED	(2)	Tuesday	7:15-8:15 pm	1 hour	Maureen Armstrong

HIP-HOP

<u>CLASS</u>	<u>STUDIO</u>	<u>DAY</u>	<u>TIME</u>	<u>HOURS</u>	<u>Instructor:</u>
HIP-HOP/Tumbling	(3)	Monday	3:30-4:30 pm	1 Hour	Dominique Shepherd
HIP-HOP I	(3)	Monday	4:30-5:15 pm	45 min	Dominique Shepherd
HIP-HOP III	(2)	Thursday	4:15-5:00 pm	45 min	Dominique Shepherd
HIP-HOP IV	(3)	Thursday	5:30-6:30 pm	1 hour	Dominique Shepherd
DANCE CREW	(1)	Friday	4:30-5:30 pm	1 hours	Dominique Shepherd

THEATRE DANCE

<u>CLASS</u>	<u>STUDIO</u>	<u>DAY</u>	<u>TIME</u>	<u>HOURS</u>	<u>Instructor:</u>
Theatre Dance I/II	(3)	Wednesday	5:30-6:30 pm	1 Hour	Berthe McKenzie-Shestak

(Turn over for Pre-Ballet & Ballet classes)