



FLORIDA ARTS & DANCE COMPANY

57 SW MONTEREY ROAD

STUART, FLORIDA 34994

(772) 288-4150

WWW.FLADANCE.ORG

2010-2011

**Dance Course Catalog
and
Registration Information**

TUITION & FEES

2010 – 2011

FALL CLASSES WILL START ON MONDAY, AUGUST 30, 2010.

(Please note: Yearly tuition is determined considering all dance classes from September to June and divided into 9 monthly payments)

REGISTRATION FEE: SEPT thru MAY - \$45.00

JAN thru MAY - \$30.00

10% Sibling discounts on Registration and Tuition

10% discount if tuition is paid in full for the year!

<u>Hours Per Week</u>	<u>Fee Per Month</u>
<u>30 Minutes</u>	<u>\$ 45</u>
<u>45 Minutes</u>	<u>\$ 50</u>
<u>1 hour</u>	<u>\$ 55</u>
<u>1 ½ hours</u>	<u>\$ 80</u>
<u>2 hours</u>	<u>\$ 100</u>
<u>2 ½ hours</u>	<u>\$ 110</u>
<u>3 hours</u>	<u>\$ 120</u>
<u>3 ½ hours</u>	<u>\$ 130</u>
<u>4 hours</u>	<u>\$ 140</u>
<u>4 ½ hours</u>	<u>\$ 150</u>
<u>5 hours</u>	<u>\$ 160</u>
<u>5 ½ hours</u>	<u>\$ 170</u>
<u>6 hours</u>	<u>\$ 180</u>
<u>6 ½ hours</u>	<u>\$ 190</u>
<u>7 hours</u>	<u>\$ 200</u>
<u>More than 7 hours</u>	<u>\$ 210</u>

ALL FEES AND TUITION ARE NON-REFUNDABLE.

*****SCHOLARSHIP APPLICATIONS WILL BE AVAILABLE AT THE
MANDATORY SCHOLASHIP MEETING ON
AUGUST 28TH AT THE FADC STUDIO AT 1PM*****

FLORIDA ARTS & DANCE COMPANY

2010-2011 Schedule

Please note: This schedule is subject to changes and additions

FADC follows the Martin County School academic calendar

2010

Friday, August 6	Second Annual <i>Snow Queen Mixer</i>
Saturday, August 28	FADC Open House/Costume Sale 10:00 AM -1:00 PM
Saturday, August 28	Scholarship Meeting 1:00 PM
Monday, August 30	Classes Begin
Monday, September 6	Closed – Labor Day
Thursday, September 9	Closed – Martin County Schools Non School Day (Holiday)
Saturday, September 11	Nutcracker Auditions
Saturday, September 18	Nutcracker Rehearsals Begin and Costume Fittings
Saturday, September 18	Nutcracker Performance Fee Due
Friday, October 29	Closed - Martin County Schools Teacher Work Day
Thursday, November 11	Closed - Veteran's Day
Thursday, November 11	Nutcracker Rehearsals for Selected Roles
Saturday, November 20	Nutcracker In – Studio Dress Rehearsal at FADC
Sunday, November 21	Nutcracker Pictures at FADC
Wednesday, November 24 – 28	Closed – Thanksgiving Break
Wednesday, December 1	Nutcracker Dress Rehearsal – Lyric Theatre
Thursday, December 2	Nutcracker - Discovery Series Performances - Lyric Theatre
Thursday, December 2	Nutcracker Dress Rehearsal – Lyric Theatre
Friday, December 3	Nutcracker Gala – Selected Nutcracker Scenes Performed Location TBA
Saturday, December 4	Nutcracker matinee and evening Performances – Lyric Theatre
Sunday, December 5	Nutcracker matinee Performance – Lyric Theatre
Saturday, December 17	Spring Performances - Costume Deposits Due
Monday, December 20 - Monday, January 3	Closed – Winter Break (Follows Martin County School Schedule)

2011

Tuesday, January 4	Classes Resume (Follows Martin County School Schedule)
Saturday, January 8	Jr. Company Auditions
Monday, January 17	Closed – Martin Luther King Jr. Day
Monday, February 21	Closed – President's Day
Saturday, March 5	Spring Performances - Costume Balances Due
Friday, March 25 – April 3	Closed – Spring Break (Follows Martin County School Schedule)
Friday, April 22 - Monday, April 25	Closed – Easter Holiday (Follows Martin County School Schedule)
Wednesday, May 25	Spring Upper School Ballet Dress Reh. and Perf. – Lyric Theatre
Thursday, May 26	Spring Upper School Jazz/Hip-Hop Dress Reh. and Perf. – Lyric Theatre
Saturday, May 28	Last Day of Classes
Monday, May 30	Closed – Memorial Day
Wednesday, June 1	Spring Lower School Classes In-Studio Dress Rehearsals at FADC
Friday, June 3	Spring Lower School Classes Dress Reh. – Jensen Beach High School
Saturday, June 4	Spring Lower School Classes Perf.– Jensen Beach High School

Please note: The dates and times for ALL Spring Performances have not been confirmed with the venues and are subject to change.

Florida Arts & Dance Company

Class Descriptions

Pre-Ballet – This series of classes is designed for the young child as an introduction to the exciting elements of ballet. Time will be spent exploring the fundamentals of dance technique, including locomotor skills, flexibility, balance and use of simple ballet movements. As the dancers progress through the series, use of partners, more complex movement patterns and simple ballet barre work are included. These classes are designed to be a preparation for our classical ballet program.

Classical Ballet Program

Students are placed in class levels by FADC instructors based on age, number of years of past dance training, ability, and mental and physical readiness.

Introductory Levels

Beginning Ballet – This class is designed for young dancers coming out of the Pre-Ballet classes or who have an interest in ballet but have had little or no experience. This class focuses on the fundamentals of classical ballet in a careful and slow progression. Time is spent developing general body awareness, flexibility, dancer alignment and basic ballet terminology. Use of the ballet barre, center work and floor progressions are included.

Teen Ballet – This class is designed for teen dancers interested in pursuing ballet training but who have had little or no experience in classical dance. The class content moves through a structured ballet syllabus with a focus on developing general body awareness, flexibility, dancer alignment and ballet terminology. Use of the ballet barre, center work and floor progressions are included.

Elementary Levels

Ballet I and Ballet II – The elementary levels of the classical ballet program meet twice a week and have a strong focus on proper ballet technique. Physical discipline, body awareness, flexibility, dancer alignment and expanded ballet terminology will be addressed. Along with use of the ballet barre, center work and floor progressions, a focus will be placed on the use of arms, foot positions, use of turnout and the performative aspects of classical ballet. Understanding the relationship between music, rhythm and controlled movement will be introduced.

Middle Levels

Ballet III, Ballet IV and Ballet V – The middle levels of the classical ballet program are designed for the serious dance student and meet varied times per week based on level. More complex elements of proper ballet technique are explored and refined. Longer movement sequences of more complex ballet vocabulary are added at each level. Movement sequences may include the use of traveling, jumps and turns. A focus on proper classroom etiquette and self-discipline is stressed in these classes. Ballet III dancers have Character Dance and elements of pre-pointe added to their classes. Ballet IV and V dancers have Character Dance and pointe added to their classes.

Character – The Character classes are offered to augment the dancer's ballet training and expand on their classical movement vocabulary. These classes introduce movement that is rooted in the folk-inspired dances from many nations. These movements are often incorporated into classical repertoire. Dancers may study polonaise, mazurka, tarantella, and other historical and ethnic dances. Time will be spent focusing on the use of arms and placement of the head and upper body.

Advanced Levels

Ballet VI - The advanced levels of the classical ballet program are the highest levels of ballet offered at FADC. There is a focus on the refinement and clarity of the dancer's proper ballet technique, as well as the development of the dancers as artists. Time will be spent on barre, center, and traveling sequences, as well as pointe work. Variations from classical and contemporary repertoire will be included in the dancer's weekly schedule.

Pas de Deux - The pas de deux class will be offered to the levels of Ballet V and higher. Female dancers must have pointe experience. Time will be spent on simple elements of classical ballet partnering, as well as an exploration into partnered classical pose, turns, and jumps.

Florida Arts & Dance Company

2010 -2011 SEASON
DANCE CLASS SCHEDULE

PRE-BALLET

<u>CLASS</u>	<u>STUDIO</u>	<u>DAY</u>	<u>TIME</u>	<u>HOURS</u>	<u>Instructor:</u>
PB (open level)	(2)	Saturday	9:15-10:00 am	45 min	Mina Hamilton
PB I	(2)	Monday	3:00-3:45 pm	45 min	Mina Hamilton
PB II	(2)	Monday	4:00-4:45 pm	45 min	Mina Hamilton
PB III	(2)	Tuesday	3:30-4:30 pm	1 hour	Mina Hamilton

Classical BALLET Program

INTRODUCTORY LEVELS: One class per week

<u>CLASS</u>	<u>STUDIO</u>	<u>DAY</u>	<u>TIME</u>	<u>HOURS</u>	<u>Instructor:</u>
BEG BALLET	(2)	Monday	4:45-5:45 pm	1 hour	Peggy Mead-Finizio
TEEN BALLET	(3)	Wednesday	5:30-6:30 pm	1 hour	Peggy Mead-Finizio

ELEMENTARY LEVEL: Two classes per week

<u>CLASS</u>	<u>STUDIO</u>	<u>DAY</u>	<u>TIME</u>	<u>HOURS</u>	<u>Instructor:</u>
BALLET I	(2)	Tuesday	4:30-5:30 pm	1 hour	Mina Hamilton
	(2)	Thursday	4:30-5:30 pm	1 hour	Mina Hamilton
BALLET II	(3)	Tuesday	4:00-5:00 pm	1 hour	Peggy Mead-Finizio
	(1)	Thursday	4:00-5:00 pm	1 hour	Peggy Mead-Finizio
BALLET II	(1)	Monday	3:30-4:30 pm	1 hour	Loretta Miller
	(2)	Wednesday	3:30-4:30 pm	1 hour	Ella Yakubovich

MIDDLE LEVEL: Two classes per week with option of adding a character class

<u>CLASS</u>	<u>STUDIO</u>	<u>DAY</u>	<u>TIME</u>	<u>HOURS</u>	<u>Instructor:</u>
BALLET III	(1)	Tuesday	3:00-4:30 pm	1½ hours	Adam Schnell
BALLET IVa	(1)	Monday	4:30-6:00 pm	1½ hours	Loretta Miller
	(2)	Wednesday	6:30-7:45 pm	1¼ Hours	Loretta Miller
BALLET IVb Pointe Class	(1)	Monday	6:00-7:00 pm	1 hour	Loretta Miller/Jennifer LaCombe
	(1)	Monday	7:00-7:30pm	½ hour	Loretta Miller/Jennifer LaCombe
	(2)	Wednesday	6:30-7:45 pm	1¼ hours	Loretta Miller
CHARACTER I	(2)	Wednesday	5:30-6:15 pm	45 min	Ella Yakubovich
CHARACTER II	(2)	Wednesday	4:30-5:30 pm	1 hour	Ella Yakubovich

ADVANCED LEVEL: Three classes per week

<u>CLASS</u>	<u>STUDIO</u>	<u>DAY</u>	<u>TIME</u>	<u>HOURS</u>	<u>Instructor:</u>
BALLET V	(1)	Tuesday	4:30-5:30 pm	1 hours	Adam Schnell
Pointe Class	(1)	Tuesday	5:30-6:00pm	½ hour	Adam Schnell
Company Class	(1)	Thursday	6:00-8:00 pm	2 hours	Loretta Miller
BALLET VI Pointe Class Company Class	(2)	Monday	6:00-7:00 pm	1 hour	Loretta Miller/Jennifer LaCombe
	(2)	Monday	7:00-7:30pm	½ hour	Loretta Miller/Jennifer LaCombe
	(2)	Thursday	6:00-8:00 pm	2 hours	Loretta Miller
BALLET VII Company Class	(1)	Tuesday	7:00-8:30 pm	1½ hours	Adam Schnell
	(1)	Thursday	6:00-8:00 pm	2 hours	Loretta Miller

Pas De Deux:

Advanced levels Only: Ballet V and Higher

PAS DE DEUX	(1)	Tuesday	6:00-7:00 pm	1 hour	Adam Schnell
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Florida Arts & Dance Company

Class Descriptions

Students are placed in class levels by FADC instructors based on age, number of years of past dance training, ability, and mental and physical readiness.

Movement Matters – This series of classes is designed for the young child as an introduction to many of the concepts of dance, as well as multiple dance styles such as tap and jazz. These classes are a wonderful way for the young child to experience many forms of dance and become acquainted with format of a dance class. Class time will be spent to establish body awareness, muscle development, flexibility, coordination and basic locomotor skills. This class focuses on exploration of dance concepts (i.e. use of space, levels, shapes, directional pathways, rhythms, etc) and will help to develop each dancer's creativity and problem solving skills. The atmosphere is warm and friendly, encouraging camaraderie, cooperation and a positive self image.

Lyrical –The Lyrical classes are designed to be a combination between ballet, jazz and modern. Time will be spent on technique, movement quality, style and emotion. A focus will be placed on musicality, expression of mood and the use of lyrics in the music. For full benefit of our lyrical classes, it is highly recommended taking ballet technique classes as well.

Jazz – The jazz classes are designed in a progression for dancers to explore and develop jazz technique. The lower levels are an introduction to basic jazz technique, focusing on fundamental jazz positions, turns, jumps, and leaps. Time will be spent on center and locomotor progressions as well as proper stretching techniques to enhance strength and flexibility. As dancers progress through the higher levels of our jazz classes more time is spent on conditioning for core strength, elements of balance, proper dancer alignment and use of rhythm and musicality.

Modern – This is a multi-level class designed to explore the elements of modern dance, including a dynamic use of the spine, working into and out of the floor, and multiple ranges of musicality. The class will offer a beginning dancer an introduction to dancer alignment and placement. For the more advanced dancer, the class will offer the opportunity to expand their movement vocabulary with a focus on creativity. Use of shape, pattern, momentum and improvisation will be class components.

Tap – The tap classes are designed to provide the dancers with a strong tap foundation, using timing, rhythm, and percussion footwork. Time will be spent working on motor skills and coordination, developing precise tap sounds, and synchronization. Tap dancing is our American folk dance.

Irish Step – The Irish Step classes are offered in a series to learn the basics of soft-shoe reels and light jigs. Hard shoe is introduced after basic reels and light jigs are mastered. Irish traditional music is used to accompany the classes to enable the use of musicality and intricacies of Irish dance rhythms.

Hip-Hop – The Hip-Hop classes are built around the tradition and history of street dance. Hip-Hop is characterized by its athletic and bouncy style. It is set to a strong, contemporary beat, builds stamina, and emphasizes body isolations, attitude, coordination, free-style movement, and rhythm. Time will be spent on strength building, flexibility and creativity. As dancers reach the higher levels of our Hip-Hop classes more complex combinations and movement sequences will be included.

Dance Crew – This class is a multi-level class and is intended to be the highest level of our Hip-Hop class series and is for the dedicated dancer. Elements of break dancing will be included at this level.

Tumbling – This class is intended to be an introduction to and exploration of tumbling skills as they relate to Break Dancing and Hip-Hop . Time will be spent with strength training and increasing flexibility. Tumbling skills such as cartwheels, round offs, backbends and handstands will be the beginning focus and move into harder and more complex skills as the class progresses.

Florida Arts & Dance Company

2010 – 2011 SEASON DANCE CLASS SCHEDULE

MOVEMENT MATTERS

<u>CLASS</u>	<u>STUDIO</u>	<u>DAY</u>	<u>TIME</u>	<u>HOURS</u>	<u>Instructor:</u>
MM (open)	(2)	Saturday	10:00-10:45 am	45 min	Peggy Mead-Finizio
MM I	(2)	Thursday	2:45-3:15 pm	30 min	Peggy Mead-Finizio
MM II	(2)	Thursday	3:15-4:00 pm	45 min	Peggy Mead-Finizio
MM III	(3)	Wednesday	4:30-5:30 pm	1 Hour	Peggy Mead-Finizio

LYRICAL

<u>CLASS</u>	<u>STUDIO</u>	<u>DAY</u>	<u>TIME</u>	<u>HOURS</u>	<u>Instructor:</u>
LYRICAL I/II	(3)	Thursday	3:30-4:30 pm	1 Hour	Berthe Shestak
LYRICAL III	(2)	Thursday	5:30-6:30 pm	1 hour	Lindsay Rybak

JAZZ

<u>CLASS</u>	<u>STUDIO</u>	<u>DAY</u>	<u>TIME</u>	<u>HOURS</u>	<u>Instructor:</u>
PRE JAZZ	(3)	Monday	3:45-4:30 pm	45 min	Lindsay Rybak
JAZZ I	(3)	Monday	4:30-5:30 pm	1 hour	Lindsay Rybak
JAZZ II	(3)	Monday	5:30-6:30 pm	1 hour	Lindsay Rybak
JAZZ III	(1)	Wednesday	4:30-5:30 pm	1 hour	Lindsay Rybak
JAZZ V	(1)	Wednesday	5:30-6:30 pm	1 hour	Lindsay Rybak
JAZZ VI	(1)	Wednesday	6:30-7:30 pm	1 hour	Lindsay Rybak
JAZZ VII	(1)	Wednesday	7:30-8:45pm	1¼ hours	Lindsay Rybak
ENSEMBLE	(2)	Friday	5:00-6:15 pm	1¼ hours	Lindsay Rybak

MODERN

<u>CLASS</u>	<u>STUDIO</u>	<u>DAY</u>	<u>TIME</u>	<u>HOURS</u>	<u>Instructor:</u>
Modern I/II	(1)	Thursday	5:00-6:00 pm	1 hour	Peggy Mead-Finizio
Teen/Adult	(3)	Wednesday	6:30-7:30 pm	1 hour	Peggy Mead-Finizio

TAP

<u>CLASS</u>	<u>STUDIO</u>	<u>DAY</u>	<u>TIME</u>	<u>HOURS</u>	<u>Instructor:</u>
TAP I	(3)	Thursday	5:30-6:15 pm	45 min	Berthe Shestak
TAP II	(3)	Thursday	6:30-7:30 pm	1 hour	Berthe Shestak
TAP III	(3)	Thursday	4:30-5:30 pm	1 hour	Berthe Shestak

IRISH STEP

<u>CLASS</u>	<u>STUDIO</u>	<u>DAY</u>	<u>TIME</u>	<u>HOURS</u>	<u>Instructor:</u>
BEGINNER	(2)	Tuesday	5:30-6:15 pm	45 min	Maureen Armstrong
INTERMEDIATE	(2)	Tuesday	6:15-7:15 pm	1 hour	Maureen Armstrong
ADVANCED	(2)	Tuesday	7:15-8:15 pm	1 hour	Maureen Armstrong

HIP-HOP

<u>CLASS</u>	<u>STUDIO</u>	<u>DAY</u>	<u>TIME</u>	<u>HOURS</u>	<u>Instructor:</u>
HIP-HOP I	(1)	Friday	3:30-4:15 pm	45 min	Dominique Shepherd
HIP-HOP II	(3)	Tuesday	3:15-4:00 pm	45 min	Dominique Shepherd
HIP-HOP III	(3)	Tuesday	5:00-6:00pm	1 hour	Dominique Shepherd
HIP-HOP IV	(3)	Tuesday	6:00-7:00 pm	1 hour	Dominique Shepherd
DANCE CREW	(1)	Friday	4:30-5:30 pm	1 hour	Dominique Shepherd
TUMBLING	(1)	Friday	5:30-6:30 pm	1 hour	Dominique Shepherd



2010-2011 FADC Dress Code

All students enrolled in our dance programs are expected to follow the dress code requirements for each class.

Ballet:

All students must have their hair in a proper ballet bun, pink ballet slippers (higher levels might also require pointe shoes), and salmon colored tights. **No Skirts allowed** unless approved by instructor. The proper style and color leotard is available at FADC. The following colors are required for each level:

<u>Class:</u>	<u>Color:</u>	<u>Class:</u>	<u>Color:</u>
Pre-ballet	pink	Ballet III	candy pink
Beg Ballet	black	Ballet IV	royal blue
Teen Ballet	black	Ballet V	red
Ballet I	light blue	Ballet VI	maroon
Ballet II	iris	Ballet VII	black

Character:

All students must wear a solid color leotard or camisole top, with black character shoes and character (¾ flared) skirt. Hair must be in a bun.

Jazz, Hip-Hop, and Tap:

All students must wear a solid color leotard or camisole top, with black jazz or capri pants. **NO SHORTS ALLOWED!** Hair must be in a pony tail or bun.

<u>Class:</u>	<u>Shoes:</u>
Tap	tan tap shoes
Jazz	black jazz shoes
Hip-Hop	black jazz sneakers

Movement Matters:

All students must wear a black leotard with black footless tights. You will be dancing barefoot. Hair must be in a pony tail or bun. As different dance forms are explored shoes may be necessary.

Modern and Lyrical:

All students must wear a solid color leotard, with black, tan, or pink tights. You will be dancing barefoot. Footundeez are permitted. Hair must be in a pony tail or bun.

Irish Step:

All students must wear black leotard, black skirt, and black jazz shoes or Irish step shoes. Hair must be in pony tail or bun.

Tumbling:

All students must wear leotard of any solid color. Hair must be in a pony tail. Solid colored shorts or pants are allowed but not required.

Fadc has tights, pink leotards, ballet shoes, and jazz shoes for purchase. We have a limited supply of colored leotards, jazz pants, tap shoes, hip-hop sneakers, and pointe shoes for purchase as well.

For your convenience all dance wear may be purchased

at Tulle. Located 2365 SE Federal Highway, Stuart FL 34994
Phone number: 772-220-3144